

THE BIBLE IN A YEAR: TEEN'S MINISTRY

How do I journal? What does that look like?

01. Draw a scene from the readings

Reflect on a key moment in the readings by drawing the scene. Bring it to life so that it resonates or sticks with you.



Write a text message to God 02.

Express to God how you feel – after reading a verse(s) or in general. No pressure. Just like talking to a friend.

03. Find a song that matches the passage

1. Find a song that specifically quotes the verse(s)
2. Find a song whose message is similar to the meaning of the verse(s)

Meditate and write about what the verse means as it is used in the song. Think about why you like the song and why it stands out to you.



One-sentence takeaway 04.

What can you take away from the verse(s) in one sentence?



PRO TIP: Keep all your journal entries in one notebook